



Spring 2019 – a fresh start with some donated triple mix from L. Martin Garden Centre www.LMARTIN.ca.

Unlike many Community Gardens in Kingston, The Spire/Sydenham Street United Church's Community Garden donates 100% of its produce to Loving Spoonful's Grow A Row Project.

The Garden has proved to be a very rewarding initiative both for the community and for the people tending it – with the work being more therapeutic than arduous.

If you would like to participate in this Community Project – please call or email us at:

Tel: [613.542.9616](tel:613.542.9616) Email: sydenham@kos.net.



Who We Are



***The Spire/SSUC** is a community hub in Kingston's heritage district and home to the congregation of Sydenham Street United Church. Today, hundreds of people make music here every week: Cantabile choristers, members of Kingston Choral Society, musicians playing the grand piano or the Casavant pipe organ. Hundreds of others come for support as part of several self-help groups, a food sharing project, and a children's outreach program. Many community groups use these spaces, finding a safe, affordable and welcome site for meetings, choir rehearsals and group self-help. Members of several not-for-profit arts organizations come to work in their offices. They are among the 1000-1200 people who come through the building's doors each week, to learn, to create, to find support, to receive aid, and to find a safe haven.*

For more information about the Spire or to donate go to <https://www.thespirekingston.org/>
Preserving and Reinventing one of Kingston's Iconic Cultural and Community Spaces.



*The
Community
Garden at The
Spire*

Sydenham St. United Church
82 Sydenham St., Kingston, Ontario



**PROJECT COMMUNITY
GARDEN
@ SYDENHAM STREET
UNITED / THE SPIRE**

Project Community Garden (PCG) began in 2014 as a student-run project, working in partnership with Sydenham Street United Church. PCG is completely volunteer run and is part of the Church's Social Justice & Outreach Program.

In 2017, a Small Group was formed, with church members taking on a more active role in the production and upkeep of the Garden.

The Purpose of the Garden is to create a biologically productive and educational space in which members of the Kingston community can learn about and engage in urban agriculture. In doing so, we seek to lessen the disconnect between us and our food and promote concepts of food sovereignty.

The Garden's Harvest is donated through Loving Spoonful's "Grow a Row" program, which helps provide healthy meals to individuals and families who might not have access to fresh fruits and vegetables. We've contributed in excess of 300 lbs. of produce over the 2017 and 2018 growing seasons – not a bad effort for such a small space (21' x 42')!



Every effort is made to keep the garden attractive as well as productive – there are tulips and daffodils in the spring and a variety of perennials in the summer months – although, the vegetables in the garden can look pretty nice when they are doing well.



The Volunteers - Many thanks to our small but dedicated team of volunteers! Those who currently care for the Community Garden at The Spire are members of the **Sydenham Street United Church** congregation but we are always interested in recruiting members of the Queen's community and/or the community at large.

"Many hands make light work!"



Donations – This year, we were pleased to receive some seeds from one individual, bean plants from another, and *L. Martin Garden Centre* donated 2 cubic yards of triple mix. Now, if only we can keep the raccoons from eating all of our beets and carrots and the cardinals from eating all of our grapes – we'll be all set.

